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F. No. Z28020/28/ 2014-CH (RBSK)  
Government of India  
Ministry of Health & Family Welfare  
(Rashtriya Bal Swasthya Karyakram)

Nirman Bhawan, New Delhi  
Dated: 6<sup>th</sup> March'14

All Mission Director  
(States/UTs)

**Subject: Essential Drug List for Mobile Health teams under RBSK-regd.**

Dear Sir/Madam,

The RBSK Mobile Health Teams under RBSK are primarily responsible for screening of children for selected health conditions. Local ANMs are to be involved in the screening process as per the micro-planning of the team. For on the spot treatment of common ailments and minor acute conditions, medicines can be dispensed by local ANM. Fund for medicines for treatment of common ailments have been approved for all the States under FMR B16.2.7 which is to be utilized only as per the RBSK Essential Drug List.

The Essential Drug List under RBSK is enclosed.

Yours faithfully,

(Dr Ajay Kherra)

Dy. Commissioner (CH&Imm)

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10/3/2014

## Essential Drug list RBSK for Mobile Health Team

\*(All medicines specified under are to be dispensed by Local ANM as per the IMNCI/prescribed guidelines)

Medicine	Pediatric dose <age>	Child Dose <age>	Remarks	National list of essential medicines compliance (Y/N)
Acetaminophen (Paracetamol)	Acetaminophen Suspension USP (Paracetamol IP) 125mg/5ml (alcohol free) , 100 ml bottle	Tab Paracetamol 500 mg	Paracetamol	Y
Ibuprofen	Oral liquid: 100 mg/5 ml	Tablet: 200 mg	Not in children less than 3 months	Y
Ondansetron	Oral liquid: 4 mg base/5 ml or 2 mg base/5 ml	Tablet : 4 mg	Not in children less than 1 months	Y
Domperidone	Domperidone oral suspension : 1mg/ml ; 30 ml bottle (0.25 – 0.5mg/kg three to four times per day with a maximum daily dose of 2.4mg/kg)	Domperidone Tablet : 10 mg	Adults and adolescents (over 12 years and weighing 35kg or more): One to two of the 10mg tablets three to four times per day with a maximum daily dose of 80mg	Y
Albendazole	Syrup Albendazole:100 mg/ 5 ml or 200 mg/5ml 10 ml bottle	Tab Albendazole IP 400 mg	The usual dose in children between one and two years of age is 200 mg of suspension as a single dose The dose for children > 2 years 400 mg as a single dose	Y

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Medicine	Pediatric dose <age>	Child Dose <age>	Remarks	National list of essential medicines compliance (Y/N)
Co-trimoxazole (Trimethoprim & Sulphamethoxazole)	Syrup Co-trimoxazole :40mg/5ml	1) Tab Co-trimoxazole : (Trimethoprim 80mg+ 400mg sulphamethoxazole) 2) Tab Co-trimoxazole Pediatric: (Pediatric tablets each containing 20mg trimethoprim and 100mg sulphamethoxazole)	Co-trimoxazole.	Y
Amoxicillin + Dicloxacillin	Tab pediatric Amoxicillin 125 mg, Dicloxacillin 125 mg. Dispersible Tablets	Tab Amoxicillin 250 mg, cloxacillin 250 mg.		Y
Amoxicillin	Syrup Amoxicillin 125 mg/5ml	Tab Amoxicillin 250 mg		Y
Tab Ciprofloxacin		Tab Ciprofloxacin : 250 mg and 500 mg		
Tab Norfloxacin	Dispersible Tablet 100mg or Syrup 5ml/100mg	Tab NORFLOXACIN: 400 MG		N
Tab Metronidazole		Tab Metronidazole 200 mg		Y
O R S Powder	27.5 gm W H O Formula		O R S Powder	Y

Medicine	Pediatric dose <age>	Child Dose <age>	Remarks	National list of essential medicines compliance (Y/N)
Valproic acid (sodium valproate)	Oral liquid: 200 mg/5 ml.	Tablet : 200 mg	oral, 20-40 mg/kg/24 hours in 2-3 divided doses	Y
Normal saline nasal drops	Sodium chloride nasal drops			Y
Salbutamol	Syrup Salbutamol : 2mg/ 5ml	Tab salbutamol : 2mg	Children (7-12 years): 2 mg, three or four times daily. Children (2-6 years) : 1-2 mg, three or four times daily	Y
Hydroxyzine	Syrup Hydroxyzine : 10 mg/5ml	Tab Hydroxyzine : 25 mg		N
Povidone iodine Solution: 10% (equivalent to 1%available iodine)	Local Disinfectant			Y
<b>Local drops and ointments</b>				
Ciprofloxacin eye drops	Eye drops	Eye drops		Y
Permethrin Cream : 5 %	Permethrin Cream: 5%. Or Lotion: 1%.	Permethrin Cream: 5%. Or Lotion: 1%.		Y
Gamma Benzene Hexa chloride: Lotion	Lotion: 100 ml For children above 2 years	Gamma Benzene Hexachloride Lotion : 100 ml		Y
Fusidic acid Cream or ointment	Cream: 20 mg or 2 % : 10 gm preparation	Cream : 2 %: 10gm preparation		N

Medicine	Pediatric dose <age>	Child Dose <age>	Remarks	National list of essential medicines compliance (Y/N)
Miconazole cream: Cream or ointment : 2% (nitrate).	Cream : 2 % : 15 g preparation	Cream : 2 % : 15 g preparation		Y
Hydrocortisone Cream/ Gel/ Ointment	Hydrocortisone Cream/ Gel/ Ointment :0.5%/1%	Hydrocortisone Cream/ Gel/ Ointment :0.5%/1%		Y
Clotrimazole oral lotion /gel	Clotrimazole : Oral lotion or mouth paint : 15 ml	Clotrimazole : Oral lotion or mouth paint : 15 ml		Y
*** Cetirizine	Syrup Cetirizine: 5 mg/5 ml	Tablets Cetirizine: 5 mg	***Children 6 months to <2 years of age: 2.5 mg once daily (as oral solution). In children 12–23 months of age, may increase dosage to a maximum of 5 mg daily, given as 2.5 mg every 12 hours	Y
Calcium with Vitamin D tablets USP	Syrup Calcium with phosphate in the ratio of 2:1 with vitamin D	Tab Calcium carbonate 650 mg eq. to elemental calcium 250 mg and Cholecalciferol USP 125 mg		Y
Vitamin D: Cholecalciferol granules as sachets:	60,000 IU in sachets			Y

Medicine	Pediatric dose <age>	Child Dose <age>	Remarks	National list of essential medicines compliance (Y/N)
Zinc Sulphate dispersible tablet USP	Zinc sulphate USP eq.to elemental Zinc 20 mg			Y
Oil Based Vitamin A concentrate (Vitamin A syrup)	Each ml contains : Vitamin A : 100000 IU ;50 ml bottle with 1ml/2ml marking on spoon			Y
Iron Folic acid (IFA)	Syrup IFA (Iron Folic acid). Each ml contains 20 mg of elemental iron and 100 mcg of folic acid	a) Tab IFA (Iron Folic acid ) containing 45 mg of elemental iron and 400 mcg of folic acid b) Tab IFA (Iron Folic acid ) containing 100 mg of elemental iron and 500 mcg of folic acid	<p><b>For supplementation :</b></p> <p>* <b>6 months to 60 months :</b> 1 ml of Syrup IFA bi-weekly and deworming after age of 12 months)</p> <p>* <b>5-10 years :</b> Tab IFA (Iron Folic acid ) containing 45 mg of elemental iron and 400 mcg of folic acid : 1 tab IFA bi-weekly and biannual deworming</p> <p>* <b>10-19 years :</b> Tab IFA containing 100 mg of elemental iron and 500 mcg of folic acid bi-weekly and biannual deworming</p>	Y
Dressing Bandage and Gauze with Band-Aid				