

Scheme of Neonatal Examination

B/o..... D.O.B.....T.O.B.....

Sex of baby.....Date of Examination.....Time of Examination.....

A. Listen and observe

1.	Assess overall appearance.		Comment
	General tone	Normal/Abnormal	
	Arousability	Normal/excessive sleepiness	
	Maturity	Term/ Pre-term	
2.	Look for		
	Jaundice (up to palms and soles)	Present/ Absent	
	Birthmarks/rashes/skin abnormalities	Present/ Absent	
	Cyanosis (Lips & tongue)	Present/ Absent	
3	Cry	Normal/Abnormal	
4	Weight (in Grams)		

B. Perform a systematic 'head to toe' examination

(To be done in an awake baby in good light after exposing the baby)

1.	Head & Neck		Comment
	Head	Normal/Abnormal	
	Fontanelle	Normal/Sunken/Bulging	
	Hydrocephalus/enencephaly/microcephaly/ hematomas/caput succedenum		
	Head circumference (in cms)		
	Facial appearance	Symmetrical/Asymmetrical	
	Eye position	Normal/Abnormal	
	Red reflex	Present/Absent	
	Conjunctivitis (eye discharge)	Present/Absent	
	Cataracts	Present/Absent	
	Ears	Normal/Abnormal	
	Patent external auditory meatus	Yes/NO	
	Nose	Normal/Abnormal	
	Choanal atresia	Present /Absent	
	Mouth	Normal/ Abnormal	
	Palate	Normal/Abnormal	
	'Suckling reflex' (insert a clean little finger gently inside the baby's mouth)	Present/Absent	
	Thyroid enlargement/sternomastoid tumor/cystic hygroma	Present/ Absent	
2	Arms and hands		
	Normal shape, size	Yes/No	
	Moving normally	Yes/No	
	Check for clinodactyly/palmar creases		
3	Peripheral pulses		
	Brachial, radial and femoral pulses for rate, rhythm and volume	Normal/Abnormal	

4	Heart		
	Cardiac position	Normal/Abnormal	
	Thrill/heave	Present/Absent	
	Heart sounds & Murmurs	Normal/Abnormal	
5	Lungs		
	Respiratory pattern	Normal/Abnormal	
	Respiratory Rate (in seconds)		
	Stridor/added sounds	Present/Absent	
6	Abdomen		
	Shape	Normal/Abnormal	
	Umbilical stump (check for umbilical artery number)	Healthy/Infected	
	Umbilical hernia (check omphalocele/exomphalos)	Present/Absent	
	Palpate for organomegaly/masses /hernia	Present/Absent	
	External genitalia (Check for anal opening)	Normal/Ambiguous	
7	Back		
	Spinal curvature	Symmetrical/Asymmetrical	
	Spina bifida occulta/pilonidal sinus/ hidden flesh creases/dimples / Meningocele	(Yes/ No)	
8	Hips		
	Congenital dislocation of the hip (using a combination of Barlow and Ortolani manoeuvres) (specifically rule out in breech births; female babies >4kgs)	Present/Absent	
9	Legs		
	Movements at each joint	Normal/Abnormal	
	Talipes equinovarus (CTEV)/digital asymmetry	Present/Absent	
10	CNS		
	Tone	Normal/Abnormal	
	Abnormal movements	Present/Absent	
	Posture		
	Neonatal reflexes (only if there is cause for concern)	Normal/Abnormal	
	<i>Further examination should be conducted as necessary according to any abnormalities that are detected, or suspicions of undetected illness in the baby</i>	<i>Notes (if any)</i>	

Record findings: Document the findings of the examination in the 'Baby Records' section of mothers' case sheet. A proforma for the examination, kept within the notes, can save time and act as a prompt to ensure that no element of the examination is missed.

Signature: