**jk"Vªh; LokLF; fe'ku ds vUrxZr y[kuÅ egksRlo] ek?k esyk rFkk rkt egksRlo&2016&17 esa ,u0,p0,e0 ds ;kstukvksa@dk;Zdzeksa dk izpkj&izlkj fd;s tkus ds laca/kh fn'kkfunsZ'k A**

vkj0vks0ih0 o"kZ 2016&17 esa Hkkjr ljdkj }kjk ,Q0,e0vkj0 ch 10-5 Targeting naturally occurring gathering of people/health Mela en esa y[kuÅ egksRlo] ek?k esyk bykgkckn rFkk rkt egksRlo vkxjk esa ,u0,p0,e0 ds dk;Zdzeksa@;kstukvksa ds izpkj&izlkj gsrq izfr egksRlo@esyk ds fy, :Ik;s 2-00 yk[k dh Lohd`fr iznku dh x;h gSA bl xfrfof/k dk vuqeksnu jkT; dk;Zdkjh lfefr dh cSBd fnukad 24-08-2016 esa iznku fd;k tk pqdk gSA mDr ds Øe esa izR;sd tuin dks :Œ 2 yk[k dh /kujkf'k voeqDr dh tk jgh gSA /kujkf'k dks fu;ekuqlkj Mh0,p0,l0 ls vuqeksnu izkIr djrs gq, eq[; fpfdRlkf/kdkjh y[kuÅ] bykgkckn rFkk vkxjk }kjk lacaf/kr egksRlo@esyk lfefr ls leUo; LFkkfir djrs gq, mi;ksfxr fd;k tkuk gSA mijksDRk egksRlo@esyk 2017 ds nkSjku fuEu xfrfof/k;ka dh tkuh izLrkfor gS%&

1&egksRlo@esyk LFky ij ykbo dojst ds nkSjku jk"Vªh; LokLF; fe'ku] m0iz0 dh ;kstukvksa@dk;Zdzeksa dk izpkj&izlkj ohfM;ks LikWV~l@fQYel dk ,y0bZ0Mh0 Vh0oh0 LdzhUl ij izn'kZu djk;k tk,A mDr dk;Zdze laca/kh ohfM;ks LikWV~l vkidks iwoZ esa miyC/k djk;s tk pqds gSA

2&egksRlo@esys esa LokLF; foHkkx ds LVkWy ds ek/;e ls izpkj izlkj fd;k tk;s ftlesa ifjokj dY;k.k@v'kZ dkmalylZ dh Hkh M~;wVh yxk;h tk;sA

3&egksRlo@esys esa LFkkuh; vko';drk vuqlkj vU; izpkj&izlkj xfrfof/kA

4&mDr xfrfof/k;ka fu;ekuqlkj ftyk LOkkLF; lfefr ls vuqeksfnr djk;h tkuh vko';d gSA

**foRrh; O;oLFkk &**

* xfrfof/k gsrq vkoafVr /kujkf'k dk O;; 'kkldh; ,oa foHkkxh; fu;e ,oa 'krksZa dk ikyu djrs gq, fd;k tk;sA
* dksbZ Hkh Hkqxrku uxn ugha fd;k tk;sxkA
* izkfo/kkfur /kujkf'k dk O;; vkoafVr /kujkf'k dh lhek ds Hkhrj gh fd;k tk;sA
* /kujkf'k dk vkcaVu ek= vkidks O;; djus ds fy;s izkf/kd`r ugha djrk] vfirq foRrh; fu;eksa] 'kklukns'kksa ,oa dk;Zdkjh lfefr }kjk fu/kkZfjr izfdz;k dk ikyu djrs gq,] l{ke izkf/kdkjh dh Lohd`fr ds mijkUr gh O;; fu;ekuqlkj fd;k tk;sxkA ftl dk;Zdze@en esa /kujkf'k vkcafVr dh x;h gS mlh lhek rd O;; fu;ekuqlkj fd;k tk;sA
* O;; ls lEcfU/kr leLr ys[kkcfg;k¡] fcy okmplZ o vU; vfHkys[kksa dks vius Lrj ij lqjf{kr j[ksa ,oa fu;qDr ekfld dkUdjsUV vkfMVj] LVsVP;wjh vkfMV] egkys[kkdkj dh vkfMV ,oa l{ke fujh{k.k vf/kdkjh gsrq miyC/k djkuk lqfuf'pr djsaA
* Xfrfof/k gsrq Lohd`r /kujkf'k ds mi;ksx gsrq mijksDr funsZ'kksa dk ikyu izR;sd Lrj ij lqfuf'pr fd;k tk;sA fu;eksa dk ikyu u djus ,oa foRrh; vfHkys[kksa dk j[k&j[kko Bhd u gksus ds dkj.k ;fn /kujkf'k dk O;; fu;ekuqlkj ugha ik;k tkrk gS ;k vU; dksbZ foRrh; vfu;ferrk izdk'k esa vkrh gS rks blds fy, lEcfU/kr vf/kdkjh@deZpkjh O;fDrxr :Ik ls mRrjnk;h gksaxsA

vkils vuqjks/k gS fd bl gsrq vf/kdre :0 2-00 yk[k dh lhek rd fu;ekuqlkj O;; Mh0,p0,l0 ls vuqeksnu@dk;ksZRrj vuqeksnu izkIr djrs gq, lqfuf'pr djkus dk d"V djsaA dk;kZsijkar bldh fjiksVZ] QksVksxzk¶l@ohfM;ks fjdkfMZax lh0Mh0 lfgr ,l0ih0,e0;w0 vkbZ0bZ0lh0 vuqHkkx dks izsf"kr djasA xfrfof/k gsrq /kujkf'k ftyk LokLF; lfefr y[kuÅ] bykgkckn rFkk vkxjk dks voeqDr dh tk jgh gSA

**fe'ku bUnz/kuq"k vfHk;ku Qst&1 ds vUrxZr de miyfC/k okys 18 tuinksa esa fe'ku bUnz/kuq"k vfHk;ku Qst&2 ds lkFk iqu% vfHk;ku pyk;s tkus ds laca/k esaA**

Hkkjr ljdkj ds i= la[;k T-13020/06/2015-CC&V fnukad 28-03-2016 ,oa egkizcU/kd] fu;fer Vhdkdj.k] ,l0ih0,e0;w0] ,u0,p0,e0 ds i=kad &,l-ih-,e-;w-@,u-,p-,e-@vkj-vkbZ-@,e0vkbZ0 Qst&3@16&17@7532 fnukad 04-04-2016 ds Øe esa fe'ku bUnz/kuq"k vfHk;ku] 2016 ds r`rh; pj.k ds 4 vfHk;kuksa ¼7 viSzy] 7 ebZ] 7 twu ,oa 7 tqykbZ] 2016½ esa vkbZ0bZ0lh0 xfrfof/k;ksa dks izsf"kr ekudkuqlkj tuin] Cykd ,oa l= LFky ij leLr foRrh; ,oa Ø; fu;eksa dk vuqikyu djrs gq;s fd;k tkuk gSA bl lEca/k esa vkxkeh fe'ku bUnz/kuq"k vfHk;ku ds vUrxZr vkbZ-bZ-lh@ch-lh-lh xfrfof/k;ksa dk lEiknu fuEu fn'kk funZs'kks ds vuqlkj fu/kkZfjr le;kof/k esa fu;ekuqlkj fd;k tkuk lqfuf'pr djsaA blds fy, /kujkf'k ftyk LokLF; lfefr;ksa dks voeqDr dj nh x;h gSA

**tuin Lrjh; xfrfof/k;ka%&**

**1-** dscy Vh0oh0 ij Ldzksy ¼lans'k iV~Vh½ ds ek/;e ls lans'k fnu esa 2 ckj @ Rs. 500/- izfr 10 lsds.M Vh0oh0 LikWVA

2- gksfMZax ¼2 izfr tuin½ ftykf/kdkjh dk;kZy; ,oa ftyk vLirky ij 4 ekg rd iznf'kZr fd;s tkus gsrq vf/kdre @ Rs.15000/- izfr gksfMZax ¼izn'kZu ,oa fQfDlax pktsZt½A ¼gksfMZax lkbZt 10 X 20 LDok;j QhV ¶ySDl LVkj ehfM;k½A

3- vkWVks@fjD'kk ds ek/;e ls 'kgjh {ks++= esa vfHk;ku ds iwoZ 2 fnu izpkj&izlkj gsrq vf/kdre @ Rs. 1000/- izfrfnuA

4- eq[; fpfdRlkf/kdkjh }kjk vfHk;ku ls iwoZ ehfM;k czhfQax gsrq vf/kdre @ Rs. 2500/- A

**Cykd Lrjh; xfrfof/k;ka%&**

**1-** gksfMZax ¼1 izfr Cykd½ miftykf/kdkjh dk;kZy;@eq[; pkSjkgs ij 4 ekg ds fy;s iznf'kZr fd;s tkus gsrq vf/kdre @ Rs.15000/- izfr gksfMZax ¼izn'kZu] fQfDlax@jsaV pktsZt½A ¼gksfMZax lkbZt 10 X 20 LDok;j QhV ¶ySDl LVkj ehfM;k½A

2- fjD'kk ds ek/;e ls {ks++= esa vfHk;ku ds iwoZ izpkj&izlkj gsrq vf/kdre @ Rs. 400/- izfrfnu 2 fnuksa ds fy,A

3- efUnj@efLtn ls ekbd }kjk Vhdkdj.k l= ls iwoZ ,ykuA bl xfrfof/k gsrq dksbZ Hkh O;; ns; ugha gSA

**l= LFkyh; xfrfof/k;ka%&**

**1-** **iksLVj** ¼4 izfr l= LFky½ eq[; cktkj] eq[; pkSjkgk] iapk;r Hkou ,oa vU; mi;ksxh LFky ij vf/kdre @ Rs.6/- izfr iksLVj] ¼iksLVj lkbZt 19 bap X 29 bap] vkVZ dkMZ isij 90 th0,l0,e0 4 jaxksa esa ,d rjQ fizfVax foHkkxh; uewus ds vuqlkjA

2- **DykWFk cSuj** ¼1 izfr l= LFky½ l= LFky ij yxk;k tkus gsrq vf/kdre @ Rs. 100/- izfr cSuj] ¼cSuj lkbZt 6 X 3oxZQqV] ,d rjQ fizfVax foHkkxh; uewu ds vuqlkjA ,d gh cSuj dk mi;ksx pkjksa vfHk;kuksa esa fd;k tk;sxkA

3- LFkkuh; Lo;alsoh laLFkk@izHkko'kkyh O;fDr;ksa ds ek/;e ls eksfcykts'ku ¼izfr vfHk;ku ,d cSBd½ vk'kk ,oa vkxuokMh ds }kjk lkeqnkf;d cSBd ds vk;kstu gsrq vf/kdre @ Rs. 150/- izfr cSBdA

4- efUnj@efLtn ls ekbd }kjk Vhdkdj.k l= ls iwoZ ,ykuA bl xfrfof/k gsrq dksbZ Hkh O;; ns; ugha gSA

**foRrh; O;oLFkk &**

* xfrfof/kokj vkoafVr /kujkf'k dk O;; 'kkldh; ,oa foHkkxh; fu;e ,oa 'krksZa dk ikyu djrs gq, fd;k tk;sA
* dksbZ Hkh Hkqxrku uxn ugha fd;k tk;sxkA
* izkfo/kkfur /kujkf'k dk O;; vkoafVr /kujkf'k dh lhek ds Hkhrj gh fd;k tk;sA
* /kujkf'k dk vkcaVu ek= vkidks O;; djus ds fy;s izkf/kd`r ugha djrk] vfirq foRrh; fu;eksa] 'kklukns'kksa ,oa dk;Zdkjh lfefr }kjk fu/kkZfjr izfdz;k dk ikyu djrs gq,] l{ke izkf/kdkjh dh Lohd`fr ds mijkUr gh O;; fu;ekuqlkj fd;k tk;sxkA ftl dk;Zdze@en esa /kujkf'k vkcafVr dh x;h gS mlh lhek rd O;; fu;ekuqlkj fd;k tk;sA
* O;; ls lEcfU/kr leLr ys[kkcfg;k¡] fcy okmplZ o vU; vfHkys[kksa dks vius Lrj ij lqjf{kr j[ksa ,oa fu;qDr ekfld dkUdjsUV vkfMVj] LVsVP;wjh vkfMV] egkys[kkdkj dh vkfMV ,oa l{ke fujh{k.k vf/kdkjh gsrq miyC/k djkuk lqfuf'pr djsaA
* Xfrfof/kokj Lohd`r /kujkf'k ds mi;ksx gsrq mijksDr funsZ'kksa dk ikyu izR;sd Lrj ij lqfuf'pr fd;k tk;sA fu;eksa dk ikyu u djus ,oa foRrh; vfHkys[kksa dk j[k&j[kko Bhd u gksus ds dkj.k ;fn /kujkf'k dk O;; fu;ekuqlkj ugha ik;k tkrk gS ;k vU; dksbZ foRrh; vfu;ferrk izdk'k esa vkrh gS rks blds fy, lEcfU/kr vf/kdkjh@deZpkjh O;fDrxr :Ik ls mRrjnk;h gksaxsA

**FMR Code B.10.3.3.2, ch-lh-lh-@vkbZ-bZ-lh-**

**Folk Troupe performance in 42 HPDs of FP in (460 blocks @ 1840 shows)**

**Qksd 'kks@ikjEifjd ,oa yksd dyk ny ds ek/;e ls izpkj&izlkj%&**

vkbZ0bZ0lh0@ch0lh0lh0 ih0vkbZ0ih0 2016&17 ds rgr vuqeksfnr dk;Z;kstuk dk lanHkZ ysrs gq, fuEufyf[kr fn'kk&funsZ'kkas ds vuqlkj lwpuk foHkkx]m0iz0 esa iathd`r ,oa ,u0,p0,e0 }kjk ifjokj fu;kstu fo’k; ij VªsUM yksd dYkk nyksa ds ek/;e ls 42 tuinksa ds 460 fodkl[k.Mksa esa fuEu rkfydkuqlkj dk;Zdze djkuk lqfuf'pr djsa%&

1. lwpuk foHkkx ,oa lkax ,oa Mªkek fMohtu }kjk iathd`r ,oa ,u0,p0,e0 }kjk ifjokj fu;kstu fo’k; ij }kjk VªsUM yksd dyk nyksa ds ek/;e ls vuqeksfnr dk;Z;kstuk ds vuqlkj layXu lwph esa fn;s x;s LFkkuksa dks laKku esa ysrs gq, xfrfof/k;ksa dk vk;kstu djsaA
2. vius ftys esa yksd dyk nyksa }kjk audience feedback form dks Hkjk tkuk t:j lqfuf”pr djsaaA
3. leLr yksd dyk nyksa }kjk izR;sd lEikfnr dk;Zdze dk lR;kiu lacaf/kr xkao ds xzke iz/kku@,0,u0,e0@vk'kk }kjk lqfuf'pr djk;k tk;sA
4. leLr yksd dyk nyksa ds dk;Zdzeksa dh ekWfuVfjax lqfuf'pr gks o ekWfuVfjax mijkar fu/kkZfjr izi= ¼layXu½ ij QksVksxzkQ lfgr fjiksVZ ,l0ih0,e0;w0] vkbZ0bZ0lh0 fMohtu dks dk;Zdze lekfIr ds 15 fnu ds Hkhrj izsf’kr dh tk;sA

|  |  |  |
| --- | --- | --- |
| ***Sl.N*** | ***District*** | ***Blocks*** |
|
| **FMR Code** | |  |
| 1 | *Aligarh* | 12 |
| 2 | *Allahabad* | 20 |
| 3 | *Amorha* | 6 |
| 4 | *Auriaya* | 7 |
| 5 | *Bahrich* | 14 |
| 6 | *Balrampur* | 9 |
| 7 | *Banda* | 8 |
| 8 | *Barabanki* | 15 |
| 9 | *Bareilly* | 15 |
| 10 | *Basti* | 14 |
| 11 | *Bijnor* | 11 |
| 12 | *Baudan* | 15 |
| 13 | *Bulandshar* | 16 |
| 14 | *Chandoli* | 9 |
| 15 | *Chitrakoot* | 5 |
| 16 | *Etah* | 8 |
| 17 | *Farukhabad* | 7 |
| 18 | *Fathepur* | 13 |
| 19 | *Firozabad* | 9 |
| 20 | *Gonda* | 16 |
| 21 | *Hardoi* | 19 |
| 22 | *Hathras* | 7 |
| 23 | *Kannauj* | 8 |
| 24 | *Kaushambi* | 8 |
| 25 | *Kushinagar* | 14 |
| 26 | *Kheri* | 15 |
| 27 | *Lalitpur* | 6 |
| 28 | *Mahrajganj* | 12 |
| 29 | *Mahoba* | 4 |
| 30 | *Mainpuri* | 9 |
| 31 | *Moradabad* | 8 |
| 32 | *Muzaffarngr* | 9 |
| 33 | *Pilibhit* | 7 |
| 34 | *Raebareli* | 18 |
| 35 | *Rampur* | 6 |
| 36 | *Shmbhal* | 11 |
| 37 | *Sant R. Ngr* | 9 |
| 38 | *Shajhanpur* | 15 |
| 39 | *Shrawasti* | 5 |
| 40 | *Siddarth Ngr* | 14 |
| 41 | *Sitapur* | 19 |
| 42 | *Sonebhadra* | 8 |
|  | ***Total*** | **460** |

**FMR Code B.10.3.3.1, (FP Activities) vkbZ-bZ-lh-@ch-lh-lh-**

**Ldwy esa oky isafVax gsrq fn'kk&funsZ'k%&**

1. ,u0,p0,e0 ds ifjokj fu;kstu dk;Zdze@lsokvksa ls lacaf/kr okWy isafVXk&izR;sd fodkl[k.M esa 4100 oky isfVax @5 oky isfVax rFkk 11136 oky isfVax lclsaVlZ ij fd;k tk;sxkA

2- foRrh; fu;eksa ds vuqlkj lwpuk ,oa tulaidZ foHkkx]m0iz0 }kjk vFkok fufonk izfdz;k }kjk ftyk Lrj ij laLFkkvksa@,tsfUl;ksa dk p;u ,oa njksa dk fu/kkZj.k ,u0,p0,e0 }kjk fd;k tk;sxk] tks Hkkjr ljdkj }kjk Lohd`r mPpre bdkbZ nj ¼Celling Rate½:-20-00@&izfr Ldkoj fQV ls vf/kd ugha gksxkA

3- oky isafVax gsrq p;fur ,tsUlh }kjk tuinksa esa fu;ekuqlkj fn;s x;s Iyku ds vuqlkj dk;Z djk;k tk;saA

4- oky isafVax cgqjaxh; ,oa bldk lkbZt 5QqV X 8QqV =40 oxZQqV gksxkA

5- izR;sd LFky ija izdkf'kr ,oa fpf=r dh tkus okyh oky iasfVaxksa dk izk:Ik layXu dj izsf"kr fd;k tk;sxkA

6- okWyisfUVax esa vPNh xq.koRrk gsrq vkbZ0,l0vkbZ0 ekdZ ds isUV dk iz;ksx lqfuf”pr fd;k tk;sA

7- okWyisfUVax ds pkjksa vksj 2 bap dk ckMZj t:j cuok;k tk;sA

8- ;fn dqN nhokjksa ij iwoZ esa lans”k fy[ks gS rks mlds Åij isUV u djk;k tk;sA

9- izR;sd okWyisfUVax esa uhps dh rjQ nkfgus fdukjs ij fuEufyf[kr lwpukvksa dks vafdr djk;k tk;s%&

* okWy isfUVax dk eki ¼yEckbZ xq.kk pkSMkbZ½
* okWy isfUVax dh frfFk
* izR;sd okWyisfUVax ds ,d fdukjs ij vyXk&vyx dksM uEcj fn;k tk;s tks QksVksxzkQ esa nf”kZr gksA
* okWy isfUVax dk LFky@lclsaVj dk uke@xzke lHkk@fodkl [k.M dk uke@tuin
* isUVj@dk;Zdkjh laLFkk dk uke

10- izR;sd okWyisfUVax ds nks QksVksxzkQ ,d utnhd ls fy;k x;k ¼Dykst&vi½] nwljk FkksMh nwj ls fy;k x;k fjiksVZ ds lkFk layXu djsaa ,oa fjdkMZ ds fy;s lqjf{kr j[ksaA

11- vkbZ0bZ0lh0@ch0lh0lh0 ds ftyk@Cykd uksMy vf/kdkjh }kjk vuqJo.k vk[;k izsf"kr djsaA

12- vij eq[; fpfdRlk vf/kdkjh@ftyk LokLF; f'k{kk vf/kdkjh dks uksMy vf/kdkjh }kjk ekWuVfjaxA

13- okWyisfUVax dk dk;Z le; vof/k ds vUrxZr fu/kkZfjr le; rd larks’ktud :Ik esa lEikfnr djkuk lqfuf'pr djsaA

14- xfrfof/k iw.kZ gksus ds Ik”pkr~ bldk lR;kiu vuqJo.k] Ik;Zos{k.k ,oa fjiksZfVax dk dk;Z Cykd Lrj ij vkbZ0bZ0lh0@ch0lh0lh0 uksMy vf/kdkjh] [k.M LokLF; f'k{kk vf/kdkjh }kjk “krizfr”kr LFkyksa dk lR;kiu lqfuf”pr djk;k tk;sA

15- dk;Z ds iw.kZ gksus ds Ik”pkr~ 20 izfr”kr okWyisfUVax dk lR;kiu jS.Me lySD”ku ds vk/kkj ij ftyk uksMy vf/kdkjh ,-lh-,e-vks-@Mh-lh-ih-,e- ds Lrj ls fd;k tk;s] bl dk;Z dh ftyk Lrjh; HkkSfrd ,oa foRrh; izxfr fooj.k fu/kkZfjr izk:Ik ij Hkjdj vkbZ0bZ0lh0@ch0lh0lh0 vuqHkkx] ,u0,p0,e0] mRrj izns”k y[kuÅ dks le; lkfj.kh ds vuqlkj izsf’kr djuk lqfuf”pr djsaA

16- bl vfHk;ku dh xfrfof/k;ksa ds izHkko”kkyh vuqJo.k ds fy;s ikf{kd lwpuk izsf’kr fd;k tkuk lqfu”pr djsaA

**FMR B. 10.3.2.1- izns'k ds leLr tuinkas esa l?ku nLr fu;a=.k i[kokM+k (Intensified Diarrhoea Control Fortnight-IDCF) fnuakd 11 ls 23 tqykbZ 2016 rd euk;s tkus ds lEcU/k esaA**

Hkkjr ljdkj ds fn”kk funsZ”kkuqlkj l?ku nLr fu;a=.k i[kokM+k (IDCF)dk vk;kstu fnukad 11 tqykbZ ls 23 tqykbZ] 2016 rd izns'k ds leLr tuinksa esa euk;k tkuk izLrkfor gSA vki voxr gSa fd foxr o’kZ 2015&16 esa vkids lfØ; lg;ksx ls mDr dk;ZØe dks lQyrk iwoZd izns”k esa vk;ksftr fd;k tk pqdk gSA

f”k”kq e`R;qnj dks de djuk jk’Vªh; LokLF; fe”ku dk ,d izeq[k y{; gSA ckY;koLFkk esa 5 o"kZ ls de vk;q ds cPpksa esa 10 izfr'kr e`R;q nLr ds dkj.k gksrh gS] tks fd Hkkjr esa izfro’kZ yxHkx 1-2 yk[k cPpksa fd nLr ds dkj.k e`R;q dk dkj.k cUkrk gS] rFkk nLr jksx e`R;q ds izeq[k dkj.kksa esa nwljs LFkku ij gSA ftldk mipkj vks0vkj0,l0 ,oa ftad dh xksyh ek= ls fd;k tk ldrk gS ,oa cky e`R;q nj esa deh ykbZ tk ldrh gSA nLr jksx fodkl'khy ns'kksa esa vf/kd O;kid :i ls ekStwn gS ftldk eq[; dkj.k vlqjf{kr is;ty] LoPNrk ,oa “kkSapky; dk vHkko rFkk lexz LokLF; ,oa iks"k.k dk fUkEu Lrj dk gksuk gSA

dk;ZØe dks lQy cukus ds fy;s vko”;d gS fd dk;ZØe ds mn~ns”;ksa ds fo’k; esa Li’V ,oa ldkjkRed n`f’Vdks.k cuk;k tk;saA o’kZ 2016&17 esa vk;ksftr Intensified Diarrhoea Control Fortnight-IDCF dk mn~ns”; Ikzns”k esa"Zero" Childhood Death due to DiarrhoeadsLrj dks izkIr djukA

**bl gsrq fuEufyf[kr j.kuhfr ,oa mn~ns'; gS %&**

1. ckY;koLFkk esa nLr ds nkSjku vks0vkj0,l0 ,oa ftad ds mi;ksx ds izfr tkx:drk dks c<+kok nsukA
2. 5 o"kZ ls de mez ds cPpksa ds chp nLr ds izcU/ku ,oa mipkj gsrq xfrfof/k;ksa dks c<+kok nsukA lkFk gh mPp izkFkfedrk o vfrlaosnu”khy leqnk;ksa esa tkx:drk iznku djuk gSA
3. leqnk; Lrj rd vks0vkj0,l0 ,oa ftad dh miYkC/krk dks c<+kok nsukA
4. LoPNrk ,oa gkFkksa dks lkQ j[kus ls fofHkUUk jksxksa ls ifjokj dks lqjf{kr j[kukA

l?ku nLr fu;a=.k i[kokM+k (IDCF) dh lEiw.kZ xfrfof/k;ka 11 ls 23 tqykbZ] 2016 ds e/; lapkfyr dh tk;saxhA bl fufeŸk i[kokM+s ds lQy vk;kstu gsrq Hkkjr ljdkj ds funsZ”kkuqlkj i[kokM+s ls iwoZ ,oa i[kokM+s ds nkSjku fuEufyf[kr xfrfof/k;kW fuEukuqlkj vk;ksftr dh tkuh gSaA

**l?ku nLr fu;a=.k i[kokM+s (IDCF) dks vk;ksftr djus gsrq iwoZ@izkjfEHkd xfrfof/k;ka**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Ø0la0** | **Xfrfof/k;kWa** | **izLrkfor dk;Z;kstuk** | **ftEesnkj O;fDr** | **Lke; vof/k** |
| **1** | Tkuinh; VkLd QkslZ@ftyk LokLF; lfefr@LVs;fjax desVh dk xBu ,oa cSBd dk lapkyu | * i[kokMs+ ds iwoZ ftyk ,oa Cykd Lrj ij dk;Z;kstuk uhfr rS;kj djuk ¼Hkkjr ljdkj }kjk fu/kkZfjr izi= ij dk;Z;kstuk xBu gsrq **izi= layXud&3** tuin Lrj vkSj **layXud&4** Cykd Lrj ,oa **layXud&5** ,0,u0,e0 Lrj ij cuk;k tk,½ | eq[; fpfdRlkf/kdkjh ,oa Cykd ij izHkkjh fpfdRlkf/kdkjh | 15 ls 19 twu 2016 |
| * i[kokMs+ ds iwoZ ,oa e/; o fu;fer cSBd vk;ksftr dj HkkSfrd izxfr] vkilh lg;ksx ,oa izxfr ij leh{kk dj fu.kkZ;d dne mBkukA | ftykf/kdkjh@ eq[; fpfdRlkf/kdkjh@ eq[; fodkl vf/kdkjh | i[kokMs+ ds e/; lkIrfgd |
| **2** | l?ku nLr fu;a=.k i[kokM+s ds fy;s uksMy vf/kdkjh dk p;u fd;k tkuk | * i[kokMs+ ls iwoZ LVs;fjax desVh dh cSBd vk;ksftr djkukA * dk;ZØe gsrq ekbØksIyku cuokuk] lIykbZ dh O;oLFkk lqfuf”pr djkuk] CykWd Lrjh; vkWfj;sUVs”ku cSBd vk;ksftr djkukA * dk;ZØe ls iwoZ Ik;sZos{k.k dk Iyku rS;kj djkukA * vkbZ0bZ0lh0 xfrfof/k;ksa dks lqfuf”pr djkukA * HkkSfrd izxfr fjiksVZ dks ladfyr djuk rFkk jkT; eq[;ky; ij fu/kkZfjr frfFk rd miyC/k djkukA | eq[; fpfdRlkf/kdkjh ,oa Cykd ij izHkkjh fpfdRlkf/kdkjh | 15 ls 18 twu 2016 |
| **3** | dk;Zdze gsrq vko”;d lkexzh dh O;oLFkk  **¼v½** vks0vkj0,l0 ,ao ftad dh vkiwfrZ ,oa miyC/krk lqfuf”pr djkukA  **¼Ck½** vko”;d lekxzh dh O;OkLFkk djuk | * uksMy vf/kdkjh }kjk vks0vkj0,l0 ,ao ftad dh vkiwfrZ dk vkadyu dj i[kokM+s ls iwoZ LokLF; bdkbZ;ksa ,oa vk”kk@,0,u0,e0 rd miyC/krk lqfuf”pr djkukA * foxr ekg@o’kksZ esa nLr jksxksa dh fLFkr leh{kk djrs gq;s ,sls lqnwj {ks=ksa dh vk”kkvksa ,oa ,0,u0,e0 ,oa eksckby Vheksa dks vko';d vks-vkj-,l- ,ao ftad miyC/k djk dj vk”kk dks fMIkks ds :Ik esa fpfUgr djuk ,oa vks0vkj0,l0 dkuZj gsrq fn”kkfunsZ”k nsukA   ¼Hkkjr ljdkj ds xkbMykbZu dk lanZHk xzg.k djsa½ | uksMy vf/kdkjh ,oa QkekZfLkLV Cykd ij izHkkjh fpfdRlkf/kdkjh | 15 twu ls 20 twu 2016 rd |
| **Ø0la0** | **Xfrfof/k;kWa** | **izLrkfor dk;Z;kstuk** | **ftEesnkj O;fDr** | **Lke; vof/k** |
| **4** | Rkduhdh mUeq[khdj.k dk;Z”kkykvksa dk vk;kstu | * ftyk ,oa Cykd Lrj ij fpfdRlkf/kdkjh] Cykd dk;Zdze izca/kd] lh0Mh0ih0vks0] ch0lh0ih0 ,e0] vk;q’k fpfdRlk vf/kdkjh] uflZax LVkQ] ,0,u0,e0 ,oa vkaxuokM+h dk;Zd=hZ] eq[; lsfodk ,oa vU; lEcaf/kr vf/kdkfj;ksa dks vkbZ0Mh0 lh0,Q0 dk;Zdze ds rduhdh fo’k;] xfrfof/k;ka rFkk mudh Hkwfedk ds lEca/k esa jkT; ls **izsf’kr izLrqfrdj.k** ,oa Hkkjr ljdkj }kjk izsf"kr VwyfdV ds ek/;e ls mUeq[khdj.k dj izf”kf{kr fd;k tk,xkA **¼bl gsrq vk'kk;s vius ekWM~;wy 6&7 dk mi;ksx djsa½** | uksMy vf/kdkjh ,oa eq[; fpfdRlkf/kdkjh Cykd ij izHkkjh fpfdRlkf/kdkjh | vfHk;ku ls iwoZ 20 twu ls 25 twu] 2016 |
| **5** | vkbZ0bZ0lh0 lkekxzh dh miyC/krk lqfuf”pr djkuk | * Hkkjr ljdkj dh oSc lkbV www.nrhm. gov.in vFkok mRrj izns”k dh oSc lkbV www.upnrhm. gov.in ij iksLVj] iSeisYV] Vh-oh- ,oa jsfM;ks LikWV miyC/k gSa IEC lkekxzh dks Mkmu yksM dj tuin dh vko”;drk vuqlkj izi=ksa ds lkFk gh eqfnzr djk;k tk,A | uksMy vf/kdkjh ,oa eq[; fpfdRlkf/kdkjh | 27 twu ls 01 tqykbZ rd |
| **6** | ekbØksIykfuax@  dk;Z;kstuk  **¼v½** tuin Lrjh; dk;Z ;kstuk | * tuin Lrj ij dk;Zdze dh :Ik&js[kk layXu **izi=&3** esa yxs izk:i ds vuqlkj i[kokM+k iwoZ rS;kj djk;h tk, rFkk izfrfyfi jkT; Lrj dks izsf’kr dh tk;sA | uksMy vf/kdkjh ,oa eq[; fpfdRlkf/kdkjh | 15 ls 25 twu 2016 |
| **¼c½** Cykd Lrj dk;Z ;kstuk | * Cykd Lrj ij dk;ZØe dh :i&js[kk **layXud&4** esa yxs izi= ds vuqlkj ¼eksckby Vheksa dk xBu] ftad vks0vkj0,l0 dkuZjksa ,oa lg;ksxh vuqJo.k gsrq vf/kdkjh;ksa dks ukfer dj rS;kj dj tuin dks miyC/k djk;h tk,A | izHkkjh fpfdRlkf/kdkjh ,o ach0lh0ih0,e0@ ch0ih0,e0 | 25 ls 28 twu 2016 |
| xzke Lrjh; dk;Z ;kstuk | * xzke Lrj ij dk;ZØe dh :i&js[kk **layXud&5** ,0,u0,e0 }kjk ,oa vk”kk ds fjiksZfVxa ds izi= 6 ds vuqlkj RkS;kj djk;h tk,A | ,0,u0,e0 ,oa izHkkjh fpfdRlkf/kdkjh@ ch0ih0,e0 | 01 ls 08 tqykbZ 2016 |
| **7** | mn?kkVu ,oa dk;Zdze dk “kqHkkjEHk | * dk;ZØe dk “kqHkkjEHk LFkkuh; ea=h@ fo/kk;d ;k vU; fdlh fof”k’B x.kekU; ls djk;k tk;sA | eq[; fpfdRlkf/kdkjh ,oa izHkkjh fpfdRlkf/kdkjh | 11 tqykbZ 2016 |
| **8** | vkbZ0Mh0lh0,Q0 dk vuqJo.k | * tuin ,oa Cykd Lrj ij Hkkjr ljdkj ds fn”kk funsZ”k esa layXu 12 ds vuqlkj jkT; Lrj ls Cykd Lrj rd vuqJo.k fd;k tkuk gSA | uksMy vfQlj | 11 ls 23 tqykbZ] 2016 |

**l?ku nLr fu;a=.k i[kokM+k 11 tqykbZ ls 23 tqykbZ 2016 (IDCF) euk;s tkus gsrq xfrfof/k;ka% &**

**1&** **vk'kk }kjk vius xkao esa 5 o"kZ ls de mez ds cPpksa okys leLr ?kjksa dk x`g Hkze.kA**

* vk”kk xzke Lrjh; fu;kstu ,oa VSyh “khV fjiksZfVxa **izi= la[;k&6** ij vius xkWo ds leLr 5 o’kZ rd ds cPpks dh lwph rS;kj djsxh vkSj fpafUgr cPpks ds ?kjksa esa HkzEk.k djsxhA i[kokM+s ds nkSjku izR;sd ik= ?kj ftlesa 5 o’kZ ls de mez dk cPpk gks ml ifjokj esa **vks0vkj0,l0 dk ,d iSdV dk forj.k fd;k tkuk gSA** bldh lwpuk **izi= la[;k&6** esa nh tkuh gSA
* ftad ,oa vks0vkj0,l0 iSdsV ds Ø; djus gsrq iwoZ esa Hkh /kujkf'k leLr tuinksa dks ftyk LokLF; lfefr;ksa dks **fnukad 10-05-2016** dks **FMR Code-B.16.2.2-1** voeqDr dh tk pqdh gS] rFkk IDCF dk;ZØe vks0vkj0,l0 iSdsV ds Ø; djus gsrq vko”;d vfrfjDr /kujkf”k **FMR Code-B.16.2.5** ij voeqDr dh tk jgh gSA vr% i[kokM+s ls iwoZ Ik;kZIr ek=k esa vks0vkj0,l0 ,oa ftad dh O;oLFkk lqfuf”pr dj yh tk;s ,oa ftad vks0vkj0,l0 dkuZj ,oa eksckby Vheksa gsrq ;kstuk cuk yh tk;A
* vk”kk }kjk vius {ks= ds 5 o’kZ mez rd ds cPpksa okys lHkh ?kjksa esa vks0vkj0,l0 iSdsV forj.k djsxh ftlds fy;s vk”kk dks :0 01 izfr vks0vkj0,l0 iSdsV ds vuqlkj izksRlkgu jkf'k ¼bUlSfUVo½ ds :Ik esa Hkqxrku fd;k tk;sxkA ftls vk”kk ds [kkrs esa LFkkukUrfjr fd;k tk;sxkA
* **x`g Hkze.k ds nkSjku vk'kk }kjk dqy 4&8 ?kjksa ds e/; vks0vkj0,l0 dk ?kksy cukus dh fof/k dk izn'kZu djsxh rkfd ns[kHkkydRkkZ ds e/; lgh rjhds dh tkudkjh lEHko gks lds ,oa LoPNrk lEcU/kh tkudkjh Hkh nh tkuh gSA blds lkFk gh ifjokj dks fuEu fcUnqvksa ij ijke”kZ nsxh&**

1. nLr ds nkSjku cPpksa dks vks0vkj0,l0 ,oa rjy inkFkZ fn;k tk;sA
2. ftad dk Hkh mi;ksx nLr gksus ds nkSjku cPpksa dks vo'; fd;k tk;sA nLr cUn gks tkus ds mijkUr Hkh ftad dh [kqjkd 02 ekg ls 05 o’kZ rd ds cPpksa dks mudh mez ds vuqlkj dqy 14 fnuksa rd tkjh j[kk tk,A ¼02 ls 06 ekg rd vk/kh xksyh ,oa 07 ekg ls 05 o’kZ rd ,d xksyh½ ftad dk iz;ksx djus ls vxys 02 ;k 03 eghus rd Mk;fj;k gksus dh lEHkkouk de gks tkrh gSA
3. ftad vkSj vks0vkj0,l0 ds mi;ksx ds mijkUr Hkh Mk;fj;k Bhd u gksus ij cPps dks utnhd ds LokLF; dsUnz ij ys tk;saA
4. chekjh ds nkSjku vkSj chekjh ds ckn Hkh vk;q ds vuqlkj Lruiku] Åijh vkgkj rFkk Hkkstu tkjh j[kk tk;sA
5. mez ds vuqlkj f”k”kq cky iks’k.k lEcU/kh ijke”kZ fn;k tk;sA
6. ihus gsrq LoPN is;ty dk mi;ksx fd;k tk;sA
7. [kkuk cukus ls iwoZ ,oa cPps dk ey lkQ djus ds mijkUr lkcqu ls gkFk /kks ysuk pkfg;sA
8. Mk;fj;k gksus ij vks0vkj0,l0 vkSj ftad dk mi;ksx djus ls cPpksa esa rhoz lq/kkj gksrk gSA
9. cPps ds ey dk fuLrkj.k lqjf{kr LFkku ij tYn ls tYn dj fn;k tk;sA
10. Mk;fj;k dks QSyus ls jksdus ds fy;s 'kkSpky; dk mi;ksx djuk pkfg;sA

**cPps esa fuEufyf[kr dksbZ Hkh y{k.k fn[kkbZ nsus ij rRdky LokLF; dsUnz ij ys tk;saA**

* ikuh tSlk yxkrkj ey dk gksukA
* ckj&ckj mYVh gksukA
* vR;f/kd I;kl yxukA
* ikuh u ih ihukA
* cq[kkjA
* ey esa [kwu vkukA
* ftu ?kjksa esa 2 o’kZ rd ds cPpsa gSa mudh ekarkvksa dks Lruiku ,oa mez ds vuqlkj iwjd iks’kkgkj dh Hkh tkudkjh nsa ,oa gkFkksa dh lQkbZ ds egRo ds fo"k; esa ijke'kZ fn;k tk;sA

**UkksV%& i[kokM+s ds e/; nLr jksx ls ;fn fdlh cPps dh e`R;q gksrh gS rks ,sls dslksa dh tkudkjh vk'kk vius lkeqnkf;d@izkFkfed LokLF; dsUnz ds v/kh{kd@izHkkjh fpfdRlk vf/kdkjh dks vo'; nsxhA izHkkjh vf/kdkjh lHkh dslksa dh lwpuk ladfyr dj tuinh; uksMy vf/kdkjh dks miyC/k djk;asxsA**

**2-** **ftad ,oa vks0vkj0,l0 dkuZj LFkkfir djuk**

**v&** vks0vkj0,l0 ,oa ftad dkuZj esfMdy dkWyst] ftyk fpfdRLkky;] Cykd LokLF; dsUnz] “kgjh LokLF; bdkbZ] gksE;ksiSfFkd ;wukuh o vk;qosZfnd LokLF; dsUnzksa] vkxuaokM+h dsUnzksa vkSj fpfUgr fpfdRlk bdkbZ@futh fpfdRlky;@izkbZosV izSDVh'kuj ds ;gka LFkkfir fd;s tk;saA bl dk;Z gsrq tuin Lrj ij IAP ,oa IMA dk Hkh lg;ksx fy;k tk,A

**c&** +vks0vkj0,l0 ftad dkuZj dks LFkkfir djus ds fo’k; esa Hkkjr ljdkj }kjk tkjh fn”kk funsZ”kksa ds **Annexure-X** ds ¼**layXu&10**½ esa iw.kZ tkudkjh nh x;h gS vius Lrj ls bldh izfr leLr izHkkjh fpfdRlk vf/kdkfj;ksa dks vks0vkj0,l0 ,oa ftad dkuZj LFkkfir djus ds fy;s miyC/k djk nsaA

**3-** **vks0vkj0,l0 ,oa ftad gsrq vk'kkvksa dks fMiks ds :Ik esa LFkkfir djukA**

;g lqfuf”pr fd;k tk;s fd vk”kk ds ikl vfrfjDr vks0vkj0,l0 ds iSdsV dh miyC/krk gj le; jgsA vk”kk }kjk ;fn mudk mi;ksx dj fy;k tk;s rks lEcfU/kr ,0,u0,e0@izHkkjh fpfdRlk vf/kdkjh vius LVksj ls bldh vkiwfrZ djrs jgsaA

1. **'kgjh {ks=ksa esa eksckby Vheksa dk xBu djkukA**

;g lqfuf”pr fd;k tk;s fd ftu 'kgjksa esa ?kqeUrq] [kkukcnksl] vU; vlsfor lekt ds cPpksa gsrq vks0vkj0,l0 ds mi;ksx ds izfr c<kok nsus gsrq Ik;kZIr ek=k esa izpkj izlkj fd;k tk; ,oa ftda vks0vkj0,l0 dkuZj dh LFkkiuk lqfuf'pr dh tk;A nLr ls xzflr cPpks adks vko';drk vuqlkj ftad vkSj vks0vkj0,l0 iznku dj vko';d ijke'kZ iznku fd;k tk;A

**5- Ldwyksa esa gkFk /kksus dk izn'kZu**

iz;kl jgs fd lHkh Ldwy bl xfrfof/k ls vkPNkfnr gks tk;saA vkj0ch0,l0ds0 Vhesa Hkh vius fu;fer Hkze.k ds nkSjku bl i[kokM+s ds e/; viuh ns[k js[k esa bl xfrfof/k dks vk;ksftr djsa rFkk {ks= ds vU; NwVs gq;s Ldwyksa esa Hkze.k ds le; Hkh bldks vk;ksftr djkrs jgsaA

**v&** izR;sd izkFkfed ,oa ek/;fed Ldwyksa esa blls lacaf/kr xfrfof/k djk;h tk;sA lkFk gh izHkkr Qsjh ,oa jSyh dk vk;kstu Hkh fd;k tk;sA

**c&** gkFk /kksus ds lgh rjhds dss fofHkUu pj.kksa dks iznf'kZr djus okyk iksLVj gkFk /kksus ds LFkku ij yxk gksA

**l&** izfr fnu izkFkZuk lHkkvksa esa fo|kfFkZ;ksa dks gkFk /kksus ds egRo ds fo"k; esa crk;k tk;sA

**n&** izfr fnu feM Ms fey ds le; lHkh cPpksa dks iksLVj esa fn;s x;s pj.kksa ds vuqlkj lkcqu&ikuh ls gkFk /kksuk fl[kk;k tk;sA

**i[kokM+k euk;s tkus gsrq lkekU; xfrfof/k;ka%&**

1. **Tkuin Lrj ij i[kokM+s dk fof/kor 'kqHkkjEHk fd;k tk;sA dk;ZØe dk 'kqHkkjEHk LFkkuh; ea=h@fo/kk;d ;k vU; fdlh fof'"B x.ekU; O;fDr ls bldk 'kqHkkjEHk djk;k tk;s blesa LFkkuh; vkbZ0,0ih0@vkbZ0,e0,0@ ih0vkj0vkbZ0@vkbZ0lh0Mh0,l0 o vU; LoSfPNd laLFkkvksa dk lg;ksx fy;k tk;sA**
2. ,0,u0,e0 vius iwoZ fu/kkZfjr oh0,p0,u0Mh0@vkj0vkbZ0 Iyku ds vuqlkj Hkze.k djsxhA
3. Ikzfrj{k.k dk;Z ds vfrfjDr bl i[kokM+s dh tkudkjh leqnk; esa nsxhA xaHkhj nLr jksx ds gkfudkjd izHkko] nLr jksx dh jksdFkke] LoPN is;ty] lkQ&lQkbZ] Lruiku vkfn fo’k;ksa ij pkVZ] iksLVj tSls eqfnzr lkekxzh ,oa vius f¶yicqd ds ek/;e ls izpkj izlkj djsxhA vks0vkj0,l0 ?kksy cukus dh fof/k dk izn”kZu djsxhA oh0,p0,u0Mh0@vkj0vkbZ0 esa vkus okyh ekrkvksa dks vks0vkj0,l0 ds iSdsV dh miYkC/krk ds ckjs esa tkudkjh djsxh rFkk vko”;drk ds vuqlkj iSdsV forj.k djsxhA
4. xzke LokLF;] LoPNrk ,oa iks’k.k lfefr ds lnL;ksa dks bl i[kokM+s dh tkudkjh ns dj xzke esa LoPNrk dk izpkj izlkj] LoPN is;ty dh O;oLFkk] ?kjsyw “kkSpky; ds ykHk ,oa fuekZ.k esa lg;ksx djus okyh laLFkkvksa ls fuekZ.k esa lg;ksx gsrq vuqjks/k fd;k tk;sA
5. **fofHkUu Lrjh; dk;ZdrkZvksa dk vfHkeq[khdj.k&** nLr izca/ku xfrfof/k;ksa ds fo’k; esa leLr dk;ZdrkZvksa dk fo”ks’k cSBdksa ds ek/;e ls tkudkjh nh tk, rFkk l?ku nLr fu;a=.k i[kokM+s esa vk;ksftr gksus okyh xfrfof/k;ksa ds ckjs esa rFkk mlesa iz;ksx gksus okys fjiksfVZax izi= dh tkudkjh nh tk, rFkk izi= Hkh miyC/k djk;s tk,aA
6. **vU; foHkkxksa ls leUo;&**tuleqnk; dks tkx:d djus ds fy, rFkk vU; foHkkxksa ls leUo; dj jsfM;ks ,oa U;wt+ isij vkfn ds ek/;e ls izpkj izlkj djk;k tk, rFkk vU; foHkkx tSls f'k{kk foHkkx] vkbZ0lh0Mh0,l0] iapk;rh jkt foHkkx] bafM;u ,dSMeh vkQ ihfM;kfVªDl] vkbZ0,e0,0 ls leUo; LFkkfir fd;k tk, blds vfrfjDr nLr izca/ku ds {ks= esa dk;Z dj jgha LoSfPNd lg;ksxh laLFkk;sa (UNICEF, UP-TSU-IHAT, MICRONUTRIENT INITIATIVE, CHAI, Save the Children) rFkk tuin esa dk;Z dj jgh vU; LoSfPNd laLFkkvksa ls leUo; LFkkfir dj mDr i[kokMs dk vk;kstu fd;k tk;sA

**vkbZ0bZ0lh0 ,oa izpkj izlkj**

mi;qZDr ds n`f’Vxr fuEufyf[kr lapkj ek/;eksa dk vf/kd ls vf/kd mi;ksx fd;k tk;%&

* LFkkuh; nSfud lekpkj i=ksa esa izpkj&izlkjA
* vkdk”kok.khA
* nwjn”kZuA
* izsl dkWUÝSUlA
* vUroSZ;fDrd lapkj (Inter-Personal Communication ).
* xks’Bh] efgyk@ckfydkvksa ds fo|ky;ksa esa okn&fookn izfr;ksfxrk] vkfnA
* cSuj] iksLVj] ,oa gS.Mfcy] nhoky ys[kuA
* ,d fnolh; dk;Z”kkykvksa dk vk;kstuA

**uksV%&** bl lEcU/k esa Hkkjr ljdkj }kjk vkbZ-bZ-lh- esVhfj;y]iksLVj dk izksVksVkbi Hkkjr ljdkj dh oSc lkbZV www.nrhm.gov.in. ,oa mRrj izns”k dh oSc lkbV www.upnrhm.gov.in ij iksLVj] iSeisYV] Vh-oh- ,oa jsfM;ks LikWV miyC/k gS] mDr IEC lkekxzh dks Mkmu yksM dj tuin dh vko”;drk vuqlkj mi;ksx esa yk;k tk;A

**vk'kk ds fy, izfriwfrZ /kujkf'k&**

vk'kkvksa }kjk x`g Hkze.k ds nkSjku 5 o"kZ rd ds cPpksa dks vks0vkj0,l0 iSdsV dk forj.k djus gsrq 1 :- izfr iSdsV dh nj ls izksRlkgu jkf'k fn;k tk;sxk] bl i[kokMk gsrq izfr vk'kk izksRlkgu **jkf'k vf/kdre :0 100@&** [kkrs esa LFkkUrfjr dh tk;sxhA

**'kgjh {ks= gsrq j.kuhfr%&**

* eksckby Vheksa }kjk i[kokMas dk lQy lapkyu djukA
* ftyk fpfdRlky;] iq#’k ,oa efgyk esas bl i[kokM+s ds cSuj iksLVj yxk;s tk;saA
* LFkkuh; jsfM;ks] ,Q0,e0 jsfM;ks ij bldk izpkj&izlkj djk;k tk;sA
* “kgjh {ks=ksa esa E;qfULiy okMZ ds deZpkfj;ksa vkfn }kjk efyu cLrh esa ?kj&?kj tk dj vks0vkj0,l0 iSdV forj.k djk;k tk;sA tuinksa esa “kgjh {ks= esa vkWaxuokM+h LFkkfir gS mudk Hkh bl vfHk;ku esa lg;ksx fy;k tk;sA
* esfMdy dkWystksa] “kgjh gSYFk iksLV@fMliSUljh] “kgjh izkFkfed LokLF; dsUnzksa] gksE;ksiSfFkd ;wukuh o vk;qosZfnd LokLF; dsUnzksa] rFkk izkbZosV uflZx gkse@Dyhfud] vkfn esa Hkh vks0vkj0,l0 dkWuZj LFkkfir djk;s tk;s blesa LFkkuh; vkbZ0,0ih0 ,oa vkbZ0,e0,0 dk lg;ksx fy;k tk;sA

**fjiksfVZax %**

* vfHk;ku ds izR;sd pj.k dh lekfIr ds mijkUr vk'kk viuh fjiksVZ fu/kkZfjr layXu izi= 6 ij ,0,u0,e0 dks izsf"kr djsxhA
* vk”kk ls izkIr fjiksVZ ,0,u0,e0 layXu midsUnz izi= la[;k 7 ij ladfyr dj lkeqnkf;d @ izkFkfed LokLF; dsUnz ij 2 fnu ds vUnj tek djsxhA
* ,0vkj0vks0@ch0lh0ih0,e0 izkIr fjiksVksaZ dks Cykd Lrjh; fjiksZfVxa izi= la[;k 8 ij ladfyr dj] mldh fjiksZV 2 fnu ds vUnj v/kh{kd@izHkkjh fpfdRlkf/kdkjh ds ek/;e ls ftyk uksMy vf/kdkjh dks izsf’kr djsaxsA
* tuin Lrj ij eq[; fpfdRlk vf/kdkjh@uksMy vf/kdkjh CykWdksa ls izkIr fjiksVksaZ dh leh{kk ,oa tkWap djrs gq;s ftykf/kdkjh egksn; }kjk leh{kk ds mijkUr ladfyr fjiksVZ izi= 9 ij egkfuns”kd] ifjokj dY;k.k ,oa ,l-ih-,e-;w- dks i[kokM+s ds mijkUr 2 fnu ds vUnj fHktokuk lqfuf”pr djsxsA

**UkksV%& Hkkjr ljdkj ls izkIr Vwy fdV ,oa xkbM ykbu bZ&esy }kjk lkFk esa izsf"kr fd;k tk jgk gSA d`Ik;k voyksdu dj mDr i[kokM+s dk ekbØksIyku rS;kj dj i[kokMs+ dk lQy cuk;saA**

**foRr iks"k.k %&**

fnukad 10-05-2016 dks iwoZ esa izsf’kr ftad vks0vkj0,l0 fd /kujkf”k ls dk;Zdze gsrq dk;Z;kstuk rS;kj fd tk;s**] “kh?kz gh l?ku nLr fu;a=.k i[kokM+k (Intensified Diarrhoea Control Fortnight-IDCF) lapkfyr djus gsrq** **layXu rkfydk ds vuqlkj /kujkf”k ftyk LokLF; lfefr;ksa dks voeqDr dh tk jgh gSA /kujkf”k dk O;; fn;s x;s ,Q0,e0vkj0 dksM esa vafdr fd;k tk;sxkA /kujkf”k dk mi;ksx le; le; ij fn;s x;s foRrh; fn”kk funsZ”kkuqlkj fd;k tk;sA**

l?ku nLr fu;a=.k i[kokM+s gsrq fdjk;s ds okgu gsrq :0 2000@& izfrfnu izfr okgu ¼ftlesa :0 1000@& okgu dk fdjk;k ,oa :0 1000@& bZ/ku gsrq½ dh nj ls 2 okgu gsrq 10 fnuksa ds fy;s :0 40000@& dh /kujkf”k voeqDr dh tk jgh gSA lko/kkuh ,oa lrdZrk j[kh tk;s fd ;fn fdlh vU; dk;ZØe@Ldhe esa okgu dh O;oLFkk gS rks mDr dk /;ku j[krs gq;s okgu dk mi;ksx vko”;drkuqlkj fd;k tk;sA fdlh Hkh izdkj dh foRrh; vfu;ferrk u dh tk;sA vfHk;ku ds nkSjku okgu dk iw.kZ fooj.k vyx ls Hkh j[kk tk;sA

**uksV %& ekg ebZ fnukad 10-05-2016** **dks vks0vkj0,l0 ,oa ftad Ø; djus ds fy;s /kujkf'k dks ,Q0,e0vkj0 dksM& ch-16-2-2-1 esa voeqDr fd;k x;k gS vr% ekg ebZ esa voeqDr /kujkf'k ls Ø; vks0vkj0,l0 ,oa ftad dk O;; fooj.k ch-16-2-2-1 esa fd;k tk;sA i[kokM+s ds fy;s vfrfjDr vks0vkj0,l0 Ø; djus ds fy;s /kujkf'k voeqDr dh tk jgh gS bl /kujkf'k dks ,Q0,e0vkj0 dksM ch-16-2-5 esa vafdr fd;k tk;sA i[kokM+s ds fy;s voeqDr “ks’k /kujkf'k dk O;; layXu rkfydk esa vafdr dksMks esa gh iznf'kZr fd;k tk;sA fdlh Hkh Li’Vhdj.k ;k vU; tkudkjh ds fy;s foRr fua;=d@egkizcU/kd cky LokLF; ls lEidZ dj ldrs gSA**

**vuqJo.k ,oa ewY;kadu%&**

vkbZ0Mh0lh0,Q0 vfHk;ku dk vuqJo.k djus gsrq tuin ds {ks=h; mieq[; fpfdRlkf/kdkjh] vij eq[; fpfdRlk vf/kdkjh izfr fnu {ks=h; Hkze.k djsaxsA eq[; fpfdRlk vf/kdkjh vU; lg;ksxh foHkkxksa ds vf/kdkfj;ksa ds lkFk Hkze.k djsxsa lkFk gh ftyk dk;ZØe izcU/kd rFkk ftyk dE;qfuVh dk;ZØe izcU/kd ,oa Cykd dE;qfuVh dk;ZØe izcU/kd Hkh vyx&vyx {ks=ksa esa tk dj dk;ZØe ,oa vU; ;kstukvksa dk Ik;sZos{k.k djsaxs rFkk viuh fjiksVZ izfrfnu uksMy vf/kdkjh dks izLrqr djsxsA uksMy vf/kdkjh izkIr lwpukvksa ds vuqlkj lq/kkjkRed vko”;d dk;Zokgh djsxsA

e.Myh; vij funs'kd bl i[kokMs+ esa fo'ks"k Hkze.k dk;ZØe cuk dj bl i[kokM+s dk vuqJo.k djus dk d"V djsa] rFkk viuh vk[;k egkfuns'kd] ifjokj dY;k.k] mRrj izns'k dks miyC/k djk;saA

fnuakd 11&23 tqykbZ 2016 ds l?ku nLr fu;a=.k i[kokM+k (IDCF) dk;ZØe euk;s tkus ds mijkUr 1 lIrkg ds vUnj viuh fjiksVZ la;qDr funs'kd] vkj0lh0,p0] ifjokj dY;k.k egkfuns'kky; ds bZ&esy jdrchup@gmail.com ,oa egkizcU/kd] cky LokLF;] jk"Vªh; LokLF; fe'ku] m0iz0 ds bZ&esy gmchildhealthnrhm@gmail.com ij lk¶V ,oa LdSu dkWih eq[; fpfdRLkk vf/kdkjh@uksMy vf/kdkjh ds gLrk{kj lfgr miyC/k djkuk lqfuf'pr djsaA bl lEcU/k esa fdlh vU; tkudkjh gsrq la;qDr funs'kd] vkj0lh0,p0] i0d0 egkfuns'kky; ds eks0u0 09412235596 ,oa egkizcU/kd] cky LokLF;] jk"Vªh; LokLF; fe'ku] m0iz0 ds eks0u0 09415026046 ij lEidZ dj ldrs gSaA